

## **Assessment: What's Appropriate?**

Lisa Silliman-French, PhD, CAPE  
Texas Woman's University Professor of Emerita  
Denton, USA

Assessment is a process used by educators to make important educational decisions for students with or without disabilities. Using appropriate assessments is a key to appropriate placement and programming. Proper assessment procedures, including a variety of assessment techniques, are necessary to collect the most appropriate assessment performance for students; specifically students with disabilities. There may be tests not widely used that are appropriate for assessing a specific student referred for an assessment (e.g., authentic, alternative, standardized, functional). Specifically in the area of physical education, adapted physical educators must be able to determine the appropriate assessment for each student, instead of trying to fit all students into one test.