



Adaptive Sports in Public Schools in the United States

Martin E. Block, Ph.D.
University of Virginia

Secondary School Sports in the U.S.

- Secondary Schools in the United States have sports teams that compete against other schools.
- Being a member of one of these sports teams is very prestigious.
- Children with disabilities rarely participate in these teams.



Examples of Adapted Sports

- **Maryland** – *Corollary Sports*

- Children with and without disabilities who do not compete in interscholastic sports can participate
- Play together and compete against other high school teams
- Some sports include boccie, softball, bowling and team handball
- Video - <https://www.youtube.com/watch?v=qfeRJpof7m0>

- **Virginia** – *Medford League*

- Basketball league in several high schools in Virginia
- Children in special classes are members of team
- Peers without disabilities often coach and cheer on teams
 - [Video](#)

- **California** – *Team Prime Time*

<https://teamprimetime.org/about-us/>

- Children at risk and children with disabilities participate together on same team
- Compete against other high school teams
- Basketball, soccer and flag football are popular sports

- **Georgia** - *American Association of Adapted Sports Programs*
 - <http://adaptedsports.org>
 - Sport for children with physical disabilities
 - In cooperation with state high school athletic associations
 - Sports include Wheelchair Team Handball, Basketball and Football
 - Children without disabilities can participate (in wheelchairs)