

Enhancing Student Learning Through the Principles of Universal Design for Learning

All students should have access to the curriculum given our job as physical educators to promote health and physical activity in our students' lives. However, many teachers find it challenging to teach physical education, particularly for students with disabilities. This presentation will introduce the concepts and principles of Universal Design for Learning (UDL) and how they can be embedded into your physical education program. Through the use of **multiple means of engagement, representation, and action and expression**, participants will identify ways in which they can utilize UDL principles to in physical education to enhance student learning.